



Is Spirituality measured by _____ or substance?

Scripture: Galatians 5:19-26

- A. God defines what _____ spirituality looks like.
- B. God reveals which behaviors show that our spirituality is _____.
- C. God describes what genuine spirituality looks like when it's _____.
- D. Using God's _____ stick for spirituality will help us avoid wasted time and energy.

Practical: Key ingredients to "Effective" spirituality

1. We MUST belong to _____!
2. Die to sitting in the _____ seat of life.
3. Must partner with the _____ - _____.
4. Measure _____ by substance not by style.

Challenge:

Memorize Galatians 5:22-23 (pick 1 - journal for a week)

Galatians 5:19-26 (New Century Version)

19 The wrong things the sinful self does are clear: being sexually unfaithful, not being pure, taking part in sexual sins, 20 worshiping gods, doing witchcraft, hating, making trouble, being jealous, being angry, being selfish, making people angry with each other, causing divisions among people, 21 feeling envy, being drunk, having wild and wasteful parties, and doing other things like these. I warn you now as I warned you before: Those who do these things will not inherit God's kingdom.

22 But the Spirit produces the fruit of love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, self-control. There is no law that says these things are wrong.

24 Those who belong to Christ Jesus have crucified their own sinful selves. They have given up their old selfish feelings and the evil things they wanted to do. 25 We get our new life from the Spirit, so we should follow the Spirit. 26 We must not be proud or make trouble with each other or be jealous of each other.